

FRIEND VILLAGE NEWSLETTER

March 2026



Developmental Disabilities Awareness Month

is observed every March and October to celebrate, advocate for, and raise awareness about the rights and contributions of individuals with developmental disabilities.

Since the beginning of the year, we have been focused on growth, diversity, and creating more inclusive community experiences for the individuals we support.

We are excited to welcome new faces to the Village team and to have expanded our Community Engagement program to include more individuals.

As we continue to advocate for those we serve, we remain committed to weekly educational opportunities that strengthen spelling, mathematics, and everyday life skills.

Volunteering within the community allows our individuals to meet new people, build meaningful connections, and better understand the importance of giving back.

We are proud of the progress made and grateful for the continued support from our community. Together, we truly believe—it takes a Village.

Reminders

As the weather begins to change, please be sure your individual is dressed appropriately for the weather. Ex. jackets with hoods, closed shoes or rain boots. Please include a change of clothes in their bag daily.

Family members are you still interested in completing a group activity at the center? Email us at friendvillage.va@gmail.com to secure a date and time!



Pajama Day



Wacky Tacky Day



Rec Day



Slime Lab



Bingo Day



Volunteer work

Did you hear???

We are now offering Supportive Living and have 2 rooms available in VA Beach

Did you know??

We have Sponsored Residential homes in VA Beach, Norfolk, Suffolk and Portsmouth

Do we have spots open?

Community engagement has an active waitlist and Community Coaching has 2 spaces available

Need us to meet you where you are?

Ask us about In-Home Support. Our Direct Support Professionals provide personalized assistance with skill-building, daily routines, and safety supports—right in the comfort of your home.



Friendvillage.va@gmail.com
Email us TODAY!



Women's History Month, observed each March, honors the vital contributions, achievements, and sacrifices of women throughout United States history and society.

Friend Village is proudly owned and operated by women, reflecting a strong commitment to female leadership, empowerment, and inclusive community-focused care—an ideal celebration of Women's History Month.

Y	L	E	A	N	Q	R	R	O	S	A	P	A	R	K	S
P	O	W	E	R	F	U	L	W	O	M	E	N	K	A	O
M	A	Y	A	A	N	G	E	L	O	U	R	T	P	A	W
M	W	E	D	Q	G	R	P	B	G	K	E	O	I	A	K
E	M	P	M	A	L	A	L	A	N	T	B	R	A	V	E
N	S	F	R	I	D	Q	K	A	H	U	O	D	H	L	A
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E	E	I	E	A	T	P	S	W	E	E	N	T	K	A	O
A	M	E	L	I	A	E	A	R	H	A	R	T	P	A	W
B	O	L	D	Q	G	R	P	B	G	K	E	O	I	A	K
E	M	P	O	W	E	R	M	E	N	T	A	N	C	E	D
N	S	F	R	I	D	A	K	A	H	L	O	D	H	L	A

Women
Bold
Brave
Empowerment
Maya Angelou

Malala
Rosa Parks
Frida Kahlo
Eleanor Roosevelt
Amelia Earhart
Powerful